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- <u>Check Your Environment</u> what are the signs that tell you about how safe it is for you to be here right now?
- 2. <u>Check Your People</u> who are the people nearby who can help if you or someone else needs it?
- 3. <u>Check Your Cell</u> where is the closest charged cell phone you can use?
- 4. <u>Check Your Tracking</u> who do you trust to keep informed about where you are and when you'll be where?

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